



## ENROLLMENT FORM

ATHLETE NAME: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

SPORT(S) THEY PLAY: \_\_\_\_\_

PARENTS NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

WHAT ARE YOUR SPECIFIC GOALS OR TRAINING NEEDS?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HOW DID YOU HEAR ABOUT ONCORE SPORTS? \_\_\_\_\_

DO YOU HAVE ANY FRIENDS WHO TRAIN HERE? \_\_\_\_\_

**ONCORE SPORTS HAS MADE EVERY EFFORT TO INSURE YOUR SAFETY.**

HOWEVER, **ONCORE SPORTS** IS A PHYSICAL TRAINING FACILITY. I / WE CONSENT THAT I \_\_\_\_\_, IS ABLE TO TRAIN IN AN PHYSICAL MANNER AT **ONCORE SPORTS**. WE UNDERSTAND THAT THE EXERCISES PERFORMED COULD BE DIFFICULT, WITH POTENTIAL RISK OF INJURY.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_



## **Agreement and Release of Liability**

1. In consideration of being allowed to participate in the activities and programs of athletic fitness training and to use its facilities, equipment and machinery in addition to the payment of any fee or charge, I do hereby waive, release and forever discharge OnCore Sports and its representatives, trainers, and all others from any and all responsibilities or liability from injuries or damages resulting from my participation in any activities, or my use of equipment or machinery in such activities. I do also hereby release all of those mentioned, and any others acting upon their behalf, from any responsibility or liability for any injury or damage to myself, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf, or in any way arising out of or connected with my participation in any activities of athletic fitness training or the use of any equipment at OnCore Sports.

(Please initial \_\_\_\_\_)

2. I understand and am aware that strength, flexibility, and aerobic exercise, including the use of equipment, is a potentially hazardous activity. I also understand that fitness activities involve a risk of injury and even death, and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury.

(Please initial \_\_\_\_\_)

3. I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity or other illness that would prevent my participation or use of equipment or machinery except as hereinafter stated. I do hereby acknowledge that I have been informed of the need for a physician's approval for my participation in an exercise/fitness activity or in the use of exercise equipment and machinery. I also acknowledge that it has been recommended that I have a yearly or more frequent physical examination and consultation with my physician as to physical activity, exercise and use of exercise and training equipment so that I might have his/her recommendations concerning these fitness activities and equipment use. I acknowledge that I have either had a physical examination and been given my physicians permission to participate, or that I have decided to participate in activity and use of equipment and machinery without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment and machinery in my activities.

(Please initial \_\_\_\_\_)



4. Social Media Release this form confirms the agreement between you and OnCore Sports regarding your participation in OnCore Sports activities and exercises in which you may be photographed or videotaped (the Property) from time to time. I, hereby irrevocably grant to OnCore Sports perpetually, exclusively, and for all media throughout the world (including print, non-theatrical, home video, DVD, social media, internet and any other electronic medium presently in existence or invented in the future), the right to use and incorporate (alone or together with other materials), in whole or in part, photographs or video footage taken of me as a result of my participation in approved activities for OnCore Sports. I hereby agree that I will not bring or consent to others bringing claim or action against OnCore Sports on the grounds that anything contained in the Property, or in the advertising and publicity used in connection herewith, is defamatory, reflects adversely on me, violates any other right whatsoever, including, without limitation, rights of privacy and publicity. I hereby release OnCore Sports its directors, officers, successors and assigns from and against any and all claims, demands, actions, causes of actions, suits, costs, expenses, liabilities, and damages whatsoever that I may hereafter have against OnCore Sports in connection with the Property.

(Please initial \_\_\_\_\_)

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date